

DOCTORAL POSITION

Developing sport clubs as health promoting settings: efficacy and efficacy conditions of a complex intervention.

Job description

- Full time position for three years, to realize a PhD, starting 1st March 2018
- Location : Laboratoire Motricité Humaine, Expertise, Sport, Santé (LAMHESS), Université Côte d'Azur, Nice, France
- Keywords: health promotion, sport clubs, coach training
- Thesis co-director: Professor Anne Vuillemin and Associate Professor Aurélie Van Hoyer

Required skills

- Master in health promotion or in sport sciences
- Theoretical knowledge: socio-ecological model, Ottawa charter, setting based approach
- Methodological skills: quantitative multivariate analyses (regressions, ANOVAs...), intervention implementation evaluation, qualitative data management is an added value
- Language: Good level in English and/or French

Details

This doctoral project is **funded**.

The candidate will be registered at the doctoral school Sciences du Mouvement Humain (463SMH).

The project entail following objectives:

Benefits of sports practice have been largely identified in the literature. Nevertheless, sports clubs have rarely been solicited as a vector of health promotion. In relationship with recent work on the development of sport clubs as health promoting settings (Kokko et al., 2014*), this thesis project will question the place of health promotion in sports clubs, and its impact on athletes' physical, social and mental health. Based on evidences and guideline of the Erasmus+ Sport Clubs for Health group, this thesis explores different issues: 1) Creation of a health promotion measurement in sport clubs, 2) exploration of the acceptability of a health promotion intervention by coaches, 3) Capitalization of existing initiatives of health promotion in sport clubs in France, 4) Development and piloting of an intervention to promote health within sport clubs, 5) Evaluation of the efficacy of the pilot intervention.

The sport clubs for Health link: <http://www.euro.who.int/en/health-topics/disease-prevention/physical-activity/activities/hepa-europe/hepa-europe-projects-and-working-groups/sport-clubs-for-health>

Application forms

Qualified candidates should send their detailed C.V., motivation letter, master grades, along with two names of references, before 15 February 2018 to Aurélie Van Hoyer (aurelie.van-hoyer@univ-lorraine.fr) and Anne Vuillemin (anne.vuillemin@unice.fr).

*Kokko, S. (2014). Sports clubs as settings for health promotion: Fundamentals and an overview to research. *Scandinavian Journal of Social Medicine*, 42(15_suppl), 60-65.